

**ABSTRACT OF THE DISCLOSURE**

A stir-stick configured for use with a food mixer has a handle configured to be gripped by a user and an elongated stem. The stem defines a stirring portion and has a longitudinal axis and an oblong cross-sectional shape. The stem extends along the longitudinal axis, and outwardly from the longitudinal axis, such that the longitudinal axis is substantially within the stem. The stem extends through a twist that twists from an upper portion to a lower portion, so that an upper cross-sectional shape and a lower cross-sectional shape have different rotational orientations about the longitudinal axis with respect to one another.

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